

Academy Nomination Application

Instruction Sheet

1. **Application Packet:** The applicant must complete the entire application packet, even if some of the information was previously provided to another agency. Keep in mind that the applicant must be a legal resident of Oregon and reside in the Third Congressional District to be considered for nomination by Congresswoman Maxine Dexter. If the applicant is temporarily residing outside of Oregon, be sure to provide both addresses on the application form.
2. **Preference:** Because of the large number of qualified applicants and the limited number of nominations, each applicant is considered for his or her first choice. However, in the event that an applicant merits a nomination and the first choice is not available, the applicant will be considered for his or her second choice.
3. **Documentation to be sent to the Congresswoman:**

Please send documents directly via email to: Nissa.Jensen@Mail.House.Gov or mail to the Congresswoman's District Office at: 911 NE 11th Avenue #200 Portland, Oregon 97232 prior to November 1, 2026 at 5:00PM PST.

- ☐ **Application Form**
Included in this packet.
- ☐ **Short Answer Questions**
The short answer questions are 250-word responses explaining the applicant's motivation for attending an academy.
- ☐ **High School Principal, Head of School or Guidance Counselor Evaluation Form**
To be filled out and sent directly from the applicant's high school principal, head of school, or guidance counselor. In the case of home-schooled candidates, the principal/head of school/guidance counselor letter may be written by a relative.
- ☐ **Letters of Recommendation**
Please have **three letters of recommendation, each sent directly from the person providing the reference or signed and dated.** At least one of which must be from a teacher and someone other than the person who fills out the above evaluation form. All recommendation letters must be from non-relatives. It is a good idea to follow up on requests for letters of recommendation to ensure that they have been received by our office prior to the deadline of **November 1, 2026.**
- ☐ **High School Transcript**
This needs to be **mailed directly from the high school** after the completion of the applicant's junior year. Transcripts delivered by hand or from any source other than the applicant's school will not be considered. If the applicant has graduated from high school, preparatory school, or college, a final high school transcript and transcript of advanced study should be submitted.

❑ College Entrance Examination Board Scores:

The applicant is required to forward the results of his or her SAT or ACT exam to our office. The applicant's counselor can provide a list of the dates these tests are being offered, and it is suggested that the applicant take the test at the earliest possible date in order to ensure that Congresswoman Dexter's office will receive the applicant's scores by our nomination deadline. We encourage students to take college entrance examinations (ACT or SAT) and have their official scores sent to us and interested academy. However, in the event a student is unable to take the tests, the Congresswoman will review the student's application without penalty.

4. **Physical Requirements:** Carefully review the section of the academy catalog outlining its physical requirements. Due to travel inconveniences for many applicants, the physical examination is not a prerequisite for nomination. However, the academy administers a very comprehensive physical after nominations are made, and the applicant must pass this examination in order to continue in the competition for appointment.

Congresswoman Dexter is very aware of the importance of an academy nomination to the applicant and each completed file is carefully considered on the individual applicant's own merits. To give time for a thorough evaluation of each file, it is crucial that all of the documentation requested be received in Congresswoman Dexter's District Office **by November 1, 2026**. Applicants with incomplete files will not be considered. Cooperation in supplying information at an early date is appreciated. Due to the large numbers of applications that must be processed, please be sure to notify the office if the applicant is no longer interested in competing for a nomination or if the applicant has any further questions. Please feel free to contact Nissa Jensen in the Congresswoman's District Office at (503) 231-2300 or at Nissa.Jensen@mail.house.gov

**APPLICATION FOR NOMINATION
TO A UNITED STATES MILITARY ACADEMY**
To be completed by the applicant. Please type or print in ink.

Date: _____

Are you a U.S. Citizen? Yes _____ No _____

Full Name: _____

Permanent Oregon Address: _____

City, State and Zip Code: _____

Phone Number: _____

Email Address: _____

Date of Birth: _____ Place of Birth: _____

Guardian's Name: _____ Occupation: _____

High School: _____ Counselor: _____

High School Phone: _____ Year of Graduation: _____

If you have attended college:

Name: _____

Years attended: _____

Uncorrected Visual Acuity: _____

Academy 1st Choice: _____

Academy 2nd Choice: _____

EXTRACURRICULAR ACTIVITIES

Please list the extracurricular activities that you have been involved with in high school and the number of years of the applicant's involvement:

Please list any previous employment and how many hours per week:

After School:

Summer:

Athletic participation, high school only:

Sport	Grade	Varsity	Position	Letters/Captain	Awards
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Please note which test(s) you have taken, when you took it, and your score:

SAT I: _____ Scheduled Test Date: _____ Score: _____

ACT: _____ Scheduled Test Date: _____ Score: _____

SHORT ANSWER QUESTIONS (250 words maximum)

At the Academy, you will be exposed to people from diverse backgrounds. How have you handled seeing discrimination in the past and what did you learn from that experience?

As an officer in the military, you are called upon to serve others. Please tell us about a time in your life when you sacrificed something to serve your community.

There will be many challenges at Academy, both physically and mentally. Please tell us about a time when you showed resilience and stuck with something despite having feelings of giving up?

Why do you want to attend a service academy? If you are not admitted to a service academy, what are your alternative plans?

HIGH SCHOOL PRINCIPAL, HEAD OF SCHOOL,
OR GUIDANCE COUNSELOR EVALUATION FORM

This form must be completed by the high school principal, head of school, or guidance counselor for the candidate applying for a congressional nomination to one of the United States Service Academies. It must be received in Congresswoman Dexter's District Office before the **November 14th, 2025** deadline via email: **Nissa.Jensen@mail.house.gov** or mail: **911 NE 11th Avenue #200 Portland, Oregon 97232**

Applicant's Name: _____

Name of School: _____ Phone Number: _____

Address: _____
(city, state, and zip code)

Applicant's year in school: _____ Numerical Jr. Class Rank: _____ GPA: _____

SAT I Score: Verbal _____ Math _____ ACT Score: _____

SAT II (if applicable): Subject: _____ Score: _____

Subject: _____ Score: _____

Subject: _____ Score: _____

Leadership Characteristics: _____

Personality Traits: _____

Ability to work under pressure: _____

Ability to get along with others: _____

Additional comments: _____

Principal/Head or Counselor's name (please print)

Date

Signature

Title